

Clinical and Counseling Psychology (PSY)

Division of Social Sciences

The clinical and counseling psychology minor introduces students to the theory and practices associated with helping professions in psychology. This minor will provide rigorous undergraduate training in clinical science and interventions with a focus on preparing students for entrance into a graduate program in clinical, counseling or school psychology.

CLINICAL AND COUNSELING PSYCHOLOGY MINOR REQUIREMENTS **21 crs.**

PSY 153	INTRODUCTION TO PSYCHOLOGY	3
PSY 315	ABNORMAL PSYCHOLOGY	3
PSY 375	PSYCHOLOGICAL ASSESSMENT	3
PSY 450	CLINICAL AND COUNSELING PSYCHOLOGY	3

ADDITIONAL 9 CREDITS FROM THE FOLLOWING

PSY 210	DEVELOPMENTAL PSYCHOLOGY	3
PSY 211	STRESS MANAGEMENT	3
PSY 230	SUBSTANCE ABUSE	3
PSY 330	BASIC PRINCIPLES OF APPLIED BEHAVIORAL ANALYSIS	3
PSY 396	ETHICS IN RESEARCH AND THERAPY	3
PSY 417	THEORIES OF PERSONALITY	3
PSY 425	POSITIVE PSYCHOLOGY	3

Psychology (PSY)

<p>PSY 405 INDUSTRIAL/ORGANIZATIONAL PSYCHOLOGY This course will provide a study of the application of psychological methods and techniques to the solution of human problems industry and business and includes topics such as behavior in organizations, group behavior, organizational climates, interviewing techniques, motivation, leadership, and employment law. Prerequisite: PSY 153.</p>	3	<p>PSY 492 BIOPSYCHOLOGY CAPSTONE This course is the capstone experience for biopsychology majors. The goals are to provide students the opportunity to learn about biopsychology topics and engage with current research in the field. An emphasis will be placed on field trips and guest speakers to allow for greater lifelong learning. Same as BIO 492. Prerequisite: PSY 275.</p>	1
<p>PSY 417 THEORIES OF PERSONALITY A systematic review of the major personality theories, emphasizing a study of the development and dynamics of personality and its measurement, specifically as related to the individual student. Prerequisite: PSY 153.</p>	3	<p>PSY 496 SENIOR THESIS (W) This course will guide students through a senior thesis project involving an independent research project that includes a literature review, research design, implementation of procedures, data collection, data analysis, and reporting of results. Prerequisite: PSY 301, 396.</p>	3
<p>PSY 425 POSITIVE PSYCHOLOGY This course will provide an overview of positive psychology and includes topics such as history and philosophical foundations of positive psychology, biopsychosocial influences on wellbeing, measurement of wellbeing, and promoting personal health in students. Prerequisite: PSY 153. Recommended prerequisite: PSY 301.</p>	3	<p>PSY 498 PROFESSIONAL SEMINAR This course is designed for psychology and biopsychology majors to prepare them for graduate school and for the professional field. Students will make professional plans for entry into graduate school or the workforce. The course will emphasize self-awareness and lifelong learning. Prerequisite: PSY 153 and junior/senior standing.</p>	2
<p>PSY 450 CLINICAL AND COUNSELING PSYCHOLOGY Introduction to the various techniques of counseling. Course will include an overview of humanistic, psychoanalytic, behavior, and cognitive therapy approaches. Prerequisite: PSY 153.</p>	3	<p>PSY 499 RESEARCH PRACTICUM This course provides students with the experience of engaging in psychology research under the supervision of a faculty member. Students will also learn about the process of presenting and/or publishing research. This course may be repeated. Up to 6 credits may count as electives in the psychology major or minor. Prerequisites: PSY 153, 3.00 overall GPA, and instructor consent.</p>	0-3
<p>PSY 465 SPORT AND HEALTH PSYCHOLOGY This course will cover primary theories and applications in sport and health behaviors. Theories will be drawn from social psychology, health psychology, cognitive psychology, exercise psychology, and sport psychology. Specific topics will include personality characteristics, motivation, goal-setting, attributions, concentration, imagery, aggression, group dynamics, communication and counseling techniques, research methodologies, and behavior modification. Same as PED 465. Prerequisite: PSY 153.</p>	3		
<p>PSY 470 INTERNSHIP IN PSYCHOLOGY (W) Prerequisite: PSY 153.</p>	3-8		
<p>PSY 480 INDEPENDENT STUDY IN PSYCHOLOGY Prerequisite: PSY 153.</p>	1-4		
<p>PSY 490 SEMINAR IN PSYCHOLOGY Prerequisite: PSY 153.</p>	1-4		