

## Exercise Science and Sports Performance Major – 2018—2019 Catalog

### FIRST YEAR

<u>FALL</u>		<u>SPRING</u>	
*ENG 111	4	*ENG 112	4
*UNI 101	1	PED 206 (8 week course)	2
^*HPE 158	3	HPE 200	3
^*PSY 153	4	PED 109	.5
*BIO 101 or 110	4	^PED 157	3
*BIO 101L or 110L	0	GENERAL EDUCATION	3
<b>TOTAL HOURS</b>	<b>16.5</b>	<b>TOTAL HOURS</b>	<b>15.5</b>

### SECOND YEAR

<u>FALL</u>		<u>SPRING</u>		
PED 114, 115, or 125	.5 (8 Week Course)	BIO 309	5	
*SPC 100 or 220	3	BIO 309L	0	
PED 465	3	OR	PED 202	3
*BIO 308	5	PED 117 or 121 (8 week course)	.5	
*BIO 308L	0	HPE 250	2	
GENERAL EDUCATION	6	^ATH 200	3	
		GENERAL EDUCATION	3	
<b>TOTAL HOURS</b>	<b>17.50</b>	<b>TOTAL HOURS</b>	<b>16.5</b>	

### THIRD YEAR

<u>FALL</u>		<u>SPRING</u>	
PED 108	.5 (8 Week Course)	PED 348(W)	3
PED 403(W)	3	PED 357	3
PED 356	3	PED 405	3
PED 404	3	PED 126 (8 week course)	.5
^HPE 300	3	GENERAL EDUCATION	6
GENERAL EDUCATION	3-6		
<b>TOTAL HOURS</b>	<b>15.5 – 18.0</b>	<b>TOTAL HOURS</b>	<b>15.5</b>

### FOURTH YEAR

<u>FALL</u>		<u>SPRING</u>	
PED 349	3	PED 460	2
PED 365	3	PED 455	3
GENERAL EDUCATION	3	PED 492	2
ELECTIVE	3-6	PED 470	4
		PED 456	0
		PED 457	0
		ELECTIVES	3-6
<b>TOTAL HOURS</b>	<b>12.0-15.0</b>	<b>TOTAL HOURS</b>	<b>14.0-17.0</b>

### CSCS AND EX PHYSIOLOGY SPECIALISTS EXAMS

\*General Education Requirements – Some courses fulfill general education as well as major requirements.

^Courses that are offered each semester.

If students choose to double major and/or minor, the following catalog rule applies: any course applied toward the completion of one major or minor may not also be applied toward the fulfillment of elective requirements in another major or minor.