











Date:	Event/Activity:	Event Time/Location:	Info:
NOW	New Student Orientation Staff Applications	 <p><b>Online Applications Available: NOW!</b></p> <p><b>Information and Apply:</b>  <a href="http://www.mckendree.edu/orientation">www.mckendree.edu/orientation</a></p>	<p><b>Applications for New Student Orientation Group Leaders is now available!</b>  <i>*Orientation Coordinator Information will be posted SOON!</i></p> <p>As a diverse group that works hard and plays hard, we are looking for great students who want to further develop their professional and life skills while welcoming our incoming students and their families to McKendree! New Student Orientation provided an excellent opportunity to get involved and acquire valuable life experience!</p> <p>We are an essential element in the beginning of the First-Year Experience and thank you for your interest in being a member of this exceptional group!</p>
NOW	FYI (First Year Introduction) Peer Leader Applications	<p><b>Online Applications Available: <a href="#">HERE!!</a></b>  <b>Deadline: 5pm on February 23</b></p>	<p>Did you enjoy getting to meet your new classmates and learning more about McKendree during the First Year Introduction (F.Y.I.) program? Would you like to help new first year students in their transition to life at McKendree? If so, then apply to be an FYI peer leader today!</p> <p>As a peer leader, you will need to be available for 4 sessions of in person FYI (April 20, May 30, June 13, and July 11), 2 virtual sessions (June 18 and August 2) plus training sessions. All Lebanon campus undergraduate students are eligible to apply for this paid position. Selection is competitive and is based upon application and interview.</p>
NOW	Office of Residence Life SSM Applications	<p><b>Online Applications Available: <a href="#">HERE!!</a></b></p>	<p>The Office of Residence Life at McKendree University has a variety of rewarding employment opportunities for students!</p> <p>Make a great college experience even better by joining our staff! Students who work for our department have the opportunity to develop professional and life skills, meet new people, get involved, and gain valuable experience.</p> <p><b>Available SSM Positions include:</b> Resident Assistant (RA) Student Academic Mentor (SAM)</p>
February	Black History Month Video Links	<p>The Loyola Project</p> 	<p><b>PlutoTV:</b> <a href="https://pluto.tv/en/on-demand/movies/62a7ac60c4eb8f00140791cd?utm_medium=twitter&amp;utm_source=google">https://pluto.tv/en/on-demand/movies/62a7ac60c4eb8f00140791cd?utm_medium=twitter&amp;utm_source=google</a></p> <p>In 1963, at the height of the civil rights movement, the Loyola Ramblers of Chicago broke racial barriers and changed college basketball forever. Now, nearly 60 years later, this legendary team is reexamined by Loyola basketball player and co-captain, Lucas Williamson. Woven together with archival footage and modern day interviews, this captivating story continues to provide inspiration in the fight for equality.</p>
February	PBS: Welcome to the Block Party		<p><b>PBS:</b> <a href="https://www.pbs.org/articles/welcome-to-the-block-party">https://www.pbs.org/articles/welcome-to-the-block-party</a></p> <p>PBS is celebrating Black History Month by throwing a Block Party! Stream new and beloved programs celebrating Black excellence. Whether it's history, music, documentaries, science or genealogy, PBS is your destination.</p>
Tuesdays through February starting February 6	1828 Morning!	<p>7:30am IM Gym</p>	 <p><b>February is American Heart Month!</b> Campus Recreation invites students, faculty, and staff to participate in our 1828 Morning activity! The 1828 Morning is an opportunity to start the day with some exercise!</p> <p>The complete 1828 Morning Course includes:</p> <ul style="list-style-type: none"> <li>Start with 18 laps around the gym floor exterior – walk, jog, or run</li> <li>Finish with 28 of one exercise or combo of the following exercises: sit-ups, push-ups, or burpees</li> </ul> <p>Work at your pace and chart your individual progress over 4 weeks! Participate in at least <b>3 sessions</b> and be entered to win a Bookstore Gift Card courtesy of Campus Recreation! <b>Sign up at:</b> <a href="http://www.mckendree.edu/intramurals">www.mckendree.edu/intramurals</a></p>
NOW IN PROGRESS!	IM Basketball Season <b>Teams/Officials Needed!</b>	<p>SIGN YOUR TEAM UP NOW!</p>	 <p>Interested in playing Intramural Basketball? Info and discussion will be at this meeting.</p> <p><b>Game Days:</b> Games are expected to start on <b>Feb. 21.</b>  <b>Info and Team Sign-Up:</b> <a href="http://www.mckendree.edu/intramurals">www.mckendree.edu/intramurals</a></p> <p><b>Team Registration Available Now!</b></p>
Tuesday, February 13	Spades/UNO Night	<p>7:30pm 1828 Café</p>	 <p>Stop in to play some games! Decks of cards and UNO Cards will be available! Bring some friends to play!</p>
Tuesday, February 13 and Wednesday, February 14	Puppy Love – Therapy Dogs	<p>12pm-2pm Holman Library</p>	 <p>Got Your Six support dogs will be on campus! Stop in for a visit and grab a sweet treat courtesy of CAB while they last!</p>
Friday, February 16	Spring RSO Involvement Fair	<p>11am-1pm The Hett</p>	 <p>Did you miss the Fall Involvement Fair? Get Involved! Meet members of various McKendree Registered Student Organizations and join a campus group!</p> <p>Is your Registered Student Organization signed up? Register: <a href="#">HERE!</a></p>
Thursday, February 22	Roll Bounce – A Skate Night!	<p>8:30pm at Skate City Belleville, IL</p>	 <p><b>CAB's Annual Roll Bounce Skate Night is Back!</b> Join us for a night of music, skating, and snacks!  <b>FREE</b> – McK Students Only, Specialty Skates cost extra  Free Pizza and soft drinks while they last  McK ID Required  Got Playlist Songs? <b>Add them here:</b> <a href="#">PLAYLIST</a></p>
Monday, February 26	Blood Drive	<p>8am – 1pm IM Gym</p>	 <p>Faculty, Staff, and Students: Please consider donating at the upcoming Blood Drive! See the flyer below for more information. <b>Sign up online</b>  <b>at:</b> <a href="https://www.bloodcenter.org/group">https://www.bloodcenter.org/group</a>. <b>Group #11214</b>  For more info, contact Dr. Ann Collins  <b>at:</b> <a href="mailto:avcollins@mckendree.edu">avcollins@mckendree.edu</a></p>

**FEBRUARY 2024**



**I AM Black HISTORY**

**Upcoming Black History Month Events and Activities**

**Notes:**

For the week of the 11th- 17th

- Spades/Uno Night will be held in 1828
- All Table Talks will be hosted in the Dillard Center (Holman Library)

**Quote of the Week**

"Bringing the gifts that my ancestors gave, I am the dream and the hope of the slave. I rise. I rise. I rise."  
—Maya Angelou

Forgot the flowers? Green Team has your back!

**Valentine's Day Flower Sale!**

**FEB. 13 & 14**  
in 1828 FROM 11 - 2!

\$5 - small vase  
\$10 - regular vase  
\$10 - make your own bundle

Saving the environment and relationships, one flower at a time  
**MCK GREEN TEAM**

2024

**Career fair**

**FEBRUARY 14**  
**11:00 A.M. - 2:00 P.M.**



**NETT**  
VIEW EMPLOYERS AT:  
[www.mckendree.edu/careerfair](http://www.mckendree.edu/careerfair)  
DRESS PROFESSIONALLY AND BRING PLENTY OF RESUMES FOR EMPLOYERS

**E.L.I.T.E CHAPTER OF NACWC**


**Black Love TABLE TALK**  
*Feb 14th, 2024*  
**3PM**  
**HOLMAN LIBRARY: DILLIARD CENTER**

**COME WITH AN OPEN MIND & HEART**


**BLOOD DRIVE**  
[BLOODCENTER.ORG](http://BLOODCENTER.ORG)

**McKendree University**  
**Monday, February 26 8:00 am - 1:00 pm**  
**Intramural Gym 701 College Road**

Masks optional. Appointments required.  
To schedule, scan QR code, call ImpactLife at 800.747.5401, or go online to [www.bloodcenter.org/group; grp #11214](http://www.bloodcenter.org/group; grp #11214)



Give & get your choice of a gift card or bonus points to shop our rewards store for our new long sleeve & more!



**ImpactLife**

**M&K NSO**  
**NEW STUDENT ORIENTATION**

**APPLICATIONS NOW AVAILABLE**

**BUILD LEADERSHIP SKILLS**  
**PROFESSIONAL EXPERIENCE**  
**BE A POSITIVE ROLE MODEL**

**HAVE FUN • MAKE \$\$ • MOVE IN EARLY**  
**MEET NEW PEOPLE • RESUMÉ BUILDER!**



**JOIN OUR TEAM**

Contact Craig Robertson, Director of New Student Orientation  
Email: [croberts@mckendree.edu](mailto:croberts@mckendree.edu) OR visit [www.mckendree.edu/orientation](http://www.mckendree.edu/orientation)




**WANT TO HELP NEW CLINICIANS GET THE BEST LEARNING EXPERIENCE THEY CAN AT McKendree University?**

Volunteer to receive **FREE** counseling services with counselors-in-training, learning the skills they need to become professionals in their field!

The Stress Management Clinic is a **free and confidential** service available to the McKendree University students and staff at the Lebanon Campus, as well as family and friend referrals, who would like to help!

The clinic sessions are available on Tuesdays at 2:00, 3:00, and 4:00 pm and on Wednesdays at 2:00, 3:00, 4:00, 5:00, 6:00, and 7:00 pm. Meetings can be held in-person during these times or virtually, to accommodate flexibility in scheduling. Additional times/dates can be arranged as needed per the student clinician's availability. Sessions last from mid-January until mid-May 2024.

For more information or to make an appointment contact:  
Dr. Julie Smirl, LCPC  
Director MA Clinical Mental Health Counseling Program  
Assistant Professor  
[jmsmir@mckendree.edu](mailto:jmsmir@mckendree.edu)